



PACKAGES

BRIDAL PACKAGE 3HR 30MIN R 1400
Destressing intuitive full body massage, pedicure, manicure and facial

PROTEA CUBS 30MIN R 250
Under 12 years. Choose one package below:

“SIMBA’S CHOICE”

Back, neck and shoulder massage
Tribal African head massage / hand and foot massage

“AFRICAN PRINCESS”

Mini facial and manicure / pedicure

GROOMING

BASIC MANICURE	45MIN	R 200
SPA MANICURE	60MIN	R 250
BASIC PEDICURE	60MIN	R 300
SPA PEDICURE	60MIN	R 320
NAIL RE-PAINT		R 50

WAXING

Available on request

FINISHING TOUCHES

EYELASH TINTING	R 90
EYEBROW TINTING	R 95
EYELASH AND EYEBROW TINTING	R 120
MAKE-UP (AVAILABLE ON REQUEST)	



SPA ETIQUETTE AND POLICIES

- Spa operating hours: 08h00 – 19h00 (Monday to Saturday) and on Sundays 08h00 – 17h00.
- Spa treatments are available outside these times, subject to therapist availability.
- To book a spa treatment, GUEST’S may liaise with the Safari Office at Protea Hotel Kruger Gate.
- Treatments are available at the Spa or in the comfort of the GUEST’S room.
- All prices are inclusive of VAT.
- Spa treatment prices are subject to change without any prior notice.
- 24 Hours advance notice is required for cancellation of individual bookings after which 100% of the treatment will be charged.
- Special concerns: we encourage you to communicate with your therapist with regards to medical conditions and health concerns that you may have.

FOR BOOKINGS
PLEASE VISIT THE SAFARI OFFICE

+27 (0) 13 735 5671
proteahotels.com/krugergate



**PROTEA HOTEL
KRUGER GATE**





MASSAGE COLLECTION

STRESS RELIEF FULL BODY MASSAGE 60MIN R 450

Traditional Swedish massage combined with African traditional massage techniques used to increase blood circulation and induce a state of total relaxation.

AROMATHERAPY MASSAGE 60MIN R 450

A slow relaxing massage using the Africology range of aromatic Shea butters that improves lymph flow and blood circulation leaving your skin nourished.

BACK, NECK AND SHOULDER MASSAGE 30MIN R 350

This massage concentrates on your neck, shoulder and lower back muscles. It is ideal for strained backs and headaches.

HOLISTIC AFRICAN THERAPIES

TRIBAL AFRICAN HEAD MASSAGE 30MIN R 300

An intense pressure point massage of the scalp, neck and shoulders. This treatment relieves headaches, eye strain and neck tension.

TRIBAL AFRICAN REFLEXOLOGY 30MIN R 350

This healing art aims to release blocked energy through the entire body. Pressure points of the feet corresponding to specific organs of the body are massaged to relieve stress, improve circulation and thus increase the power of the body to heal itself.



XIGIYA TRIBAL MASSAGE 60MIN R 490

Escape the stresses and strains of modern living, benefit from the wisdom of ages with this traditional massage using the Xigiya stick on the areas of tension stimulating the muscles and providing a deep sense of relaxation.

HOLISTIC AFRICAN HOT STONE MASSAGE 60MIN R 470

Massage using lava stones. The warm heat from the stones relaxes your muscles, eliminating lactic acid build up in your muscles.

SPECIALISED MASSAGE TECHNIQUES

CALIFORNIAN MASSAGE 60MIN R 490

The massage unites the body and mind, soothes tired muscles and improves blood flow and lymphatic circulation, Californian massage stimulates nerve endings, reduces stress and delivers unmatched relaxation.

DEEP TISSUE MASSAGE 60MIN R 470

The massage targets very tight, sore and tired muscles. Gentle stretching that improves muscle flexibility and endurance in the body.

SKIN CARE TREATMENTS

For ultimate pampering, the superior Africology range is used for all skin care treatments at the African Spa. Proudly South African, the Africology skin care range comprises essential African oils extracted from indigenous plants with therapeutic qualities. All our facials include skin analysis to customise each facial according to skin type and conditions.



DEEP CLEANSE 60MIN R 400

The treatment includes power cleanse and extraction. Recommended for all skin types.

ANTI-OXIDANT FACIAL 1HR 15MIN R 500

A powerful anti-ageing treatment which includes a deep cleanse. This unique treatment targets the visible signs of ageing and boosts dull complexion.

HYDRATING SOOTHING ROSE FACIAL 1HR 15MIN R 470

A hydrating facial which also calms even the most delicate skin by using the therapeutic qualities of extracts derived from local indigenous plants (Aloe Vera, Marula, African Potato and Rooibos.)

AFRICOLOGY MEN'S FACIAL 60MIN R 450

Perfect for acne and inflammation caused by shaving. Instantly calms redness and reduces inflammation.

PACKAGES

EXECUTIVE RETREAT 1HR 30MIN R 600

Anti-stress back treatment, tribal African head massage and foot ritual.

HONEYMOON PACKAGE 2HR 30MIN * R2000

Holistic facial / tribal reflexology, aromatherapy massage, pedicure / manicure

*per couple **per person

** R 1200